# JOINT WEBINAR WITH SISTER EU-FUNDED PROJECTS

# Fostering mental health at work: emerging strategies from innovative projects in Europe

Organised by EMPOWER

In collaboration with H-WORK, MAGNET4EUROPE, MENTUPP & MINDBOT

Time:09:00 – 13:30 CETDate:10 November 2021Venue:OnlineLanguage:English

Get the latest insights on innovative initiatives to improve mental health in the workplace across Europe and learn from the experts on how to increase the impact of research, bringing together academia and industry.

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### WEBINAR

### Fostering mental health at work: emerging strategies from innovative projects in Europe

### 10th of November, 2021

#### Wednesday 10th of November

Time	Subject	Presenter (s)
09h00-09h10	Welcome & Agenda of the meeting	Beatriz Olaya, PhD Fundació Sant Joan de Déu
09h10-09h20	Opening remarks	Ledia Lazeri Regional Adviser for Mental Health, Regional Office for Europe, WHO
09h20-09h50	H-Work: Multilevel Interventions to Promote Mental Health in SMEs and Public Workplaces	Prof. Luca Pietrantoni, PhD University of Bologna
09h50-10h20	Magnet4Europe: Improving Mental Health and Wellbeing in the Health Care Workplace	<b>Prof. Jonathan Drennan</b> Chair of Nursing and Health Services Research at University College Cork
10h20-10h30	Break	
10h30-11h00	Empower:The European Platform to Promote Wellbeing and Health in the workplace	Beatriz Olaya, PhD Fundació Sant Joan de Déu
h00-  h30	MindBot: Promoting Good Mental Health in SMEs adopting COBOTs	Fabio Storm, PhD & Carla Dei, MSc IRCCS - Associazione La Nostra Famiglia 'Istituto Scientifico Eugenio Medea'
h30- 2h00	MentUpp: Mental Health Promotion and Intervention in Occupational Settings	Prof. Ella Arensman, MSc PhD University College Cork
12h00-12h15	Break	
2h 5- 3h 5	<ul> <li>Panel Discussion:</li> <li>Topic: Bringing together academic and business insights to promote mental health in the workplace.</li> <li>Moderator: Prof. Luis Salvador-Carulla, MD, PhD Australian National University</li> </ul>	TBC
13:15-13h30	Conclusions & Wrap Up	Beatriz Olaya, PhD Fundació Sant Joan de Déu Prof. Jose Luis Ayuso-Mateos Universidad Autónoma de Madrid