



Magnet4Europe

Magnet4Europe

Improving Mental Health and Wellbeing
in the Healthcare Workplace

Newsletter #11

11 2023

Dear Readers,

We are pleased to share with you our latest newsletter. Read about the ZNA delegation's experience at the ANCC Magnet Conference 2023 in Chicago, get insights from Our Lady of Lourdes' "Pathway to Excellence" and an exclusive interview with Sebastian Dienst, Chief Nursing Officer at the German Heart Center Charité. Stay up to date on upcoming events and important dates for Magnet4Europe participants and find out about the latest publications on Magnet4Europe.

We hope you enjoy reading.



Empowering Nursing Excellence - Insights from ANCC Magnet Conference 2023 Chicago from the ZNA Delegation, Antwerp, Belgium

Sofie De Peuter, Roxanne Bleijenbergh, Denise Daems, Wim Van de Waeter, Sonja Sommeryns, Jill Whade and Elizabeth K. Woodard



The ANCC Magnet Conference 2023 held in Chicago was a remarkable gathering of healthcare professionals from various corners of the world. The conference was characterized by an engaging program, inspiring speakers, and opportunities to strengthen professional relationships. This report summarizes the key insights and takeaways from this enriching event as experienced by the ZNA Delegation from Antwerp, Belgium.

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A New Pathway on the same Journey to Excellence

Adrian Cleary, Áine Davern and Catriona McCahey



Since 2020, Our Lady of Lourdes in Drogheda, Ireland, embarked on the Magnet4Europe journey, fully embracing its concepts. With existing Magnet concepts and culture, they seized the opportunity to foster growth. Despite having strong empirical data and internal benchmarks, the critical lack of national and European benchmarking for nurse-sensitive outcomes posed a challenge. Recognizing this hurdle, they have shifted their focus to the Pathway to Excellence designation to fully realize, recognize, and accredit the gains achieved through the M4E experience.

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Four Questions to Sebastian Dienst



Discover the remarkable journey of Sebastian Dienst, Chief Nursing Officer at German Heart Centre Charité. In "Four Questions to", he shares insights on his motivation to join the project, the impactful experiences gained, and his aspirations as the future commissioner on Magnet. Join us as Sebastian reflects on the accomplishments of the Magnet4Europe initiative and outlines the ambitious goals set for his hospital.

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Announcements for Magnet4Europe Participants

December 1, 2023 - Submission of Gap analysis:

Submission of the second gap analysis due to Linda Aiken (laiken@nursing.upenn.edu) by December 1, 2023. Please work with your U.S. Magnet partner to assess your hospital. Use the **Magnet Gap Analysis Tool** distributed this summer even if your hospital is working on the Pathway, as we need a common tool for comparison purposes.

April 24 and 25, 2024 in Leuven, Belgium - Magnet4Europe Celebration:

The face-to-face celebration of Magnet4Europe will take place on April 24-25, 2024, in Leuven, Belgium. A call for plenary presentations with abstracts will be published shortly. You may submit a multi-partnership abstract for an entire session as well as individual partner presentations. All partners can present a poster at the event.

Research Spotlights on Magnet4Europe

You can find our Magnet4Europe research articles now on our website.

1. **MAGNET4EUROPE STUDY PROTOCOL (open access): Sermeus, Walter; Aiken, Linda H.; Ball, Jane; Bridges, Jackie; Bruyneel, Luk; Busse, Reinhard et al. (2022):** A workplace organisational intervention to improve hospital nurses' and physicians' mental health: study protocol for the Magnet4Europe wait list cluster randomised controlled trial. In: BMJ open 12 (7), e059159. DOI: [10.1136/bmjopen-2021-059159](https://doi.org/10.1136/bmjopen-2021-059159).
2. **Dello, Simon; Bruyneel, Luk; Kohnen, Dorothea; Witte, Hans de; Schaufeli, Wilmar B.; Mchugh, Matthew D. et al. (2023):** Prevalence, predictors and outcomes of physician care left undone in acute care hospitals across six European countries during COVID-19: A cross-sectional study. In: European Journal of Internal Medicine. DOI: [10.1016/j.ejim.2023.10.021](https://doi.org/10.1016/j.ejim.2023.10.021).
3. **Kohnen, Dorothea; De Witte, Hans; Schaufeli, Wilmar B.; Dello, Simon; Bruyneel, Luk; Sermeus, Walter (2023):** What makes nurses flourish at work? How the perceived clinical work environment relates to nurse motivation and well-being: A cross-sectional study. In: International journal of nursing studies 148, S. 104567. DOI: [10.1016/j.ijnurstu.2023.104567](https://doi.org/10.1016/j.ijnurstu.2023.104567).
4. **Kleine, Joan; Maier, Claudia Bettina; Köppen, Julia; Busse, Reinhard (2023): Magnet®-Krankenhäuser: Eine Chance für Deutschland?** In: Jürgen Klauber, Jürgen Wasem, Andreas Beivers und Carina Mostert (Hg.): Schwerpunkt Personal. Berlin: Springer (Krankenhaus-Report, 2023), S. 107–117. https://link.springer.com/chapter/10.1007/978-3-662-66881-8_7
5. **dela Rosa-Besa, Rocel; Guinta, Lisa; Mueller-Duemke, Katrin (2023):** Magnet4Europe. In: ANJ 18 (6), S. 38–43. DOI: [10.51256/ANJ062338](https://doi.org/10.51256/ANJ062338)

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What is Magnet4Europe?

The Magnet4Europe study aims to implement and evaluate the Magnet® model of organizational redesign of clinical health care work environments in over 60 hospitals in 6 European countries to promote the mental health and wellbeing of health professionals, enhance their productivity, and in doing so to improve outcomes of the patients under their care.

The project has received funding from the European Union's Horizon 2020 research and innovation programme under grant agreement No. 848031.

For more information visit our homepage: magnet4europe.eu



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