



Magnet4Europe

Improving Mental Health and Wellbeing
in the Healthcare Workplace

Newsletter #3
October 2021

Dear Readers,

the days are getting shorter, and the temperatures are dropping. So, we hope you can make yourself comfortable with a warm cup of coffee or tea and read the latest articles on our Magnet4Europe homepage. This time there is a short interview with Professor Linda H. Aiken; we celebrate those hospitals that achieved one key milestone; the gap-analysis; there is more information on the free workshops so generously offered by Tipton Health; you'll get to know further country teams and we will introduce you to one key person from the Magnet4Europe project. We hope you enjoy reading it. Feel free to share this email.



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Four Questions to Linda Aiken



The phenomenon of Magnet® hospitals was initially studied scientifically in the USA in the 1980s by Dr Linda Aiken. The research of the renowned nursing researcher and co-leader of the Magnet4Europe study has had a major impact on nursing research and practice globally. In our "Four Questions to" column, we asked Linda about Magnet4Europe.

[read more](#)

Let's celebrate!

We congratulate the first hospitals in Group 2 on their first Milestone Achievement Award. To date, ten



European hospitals have completed their M4E Gap Analysis together with their Twinning partner. The complete list of first award recipients can be found on our website.

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Close-up of Mary Del Guidice



We would like to introduce you to a very special person of the project; and in particular when it comes to implementing Magnet®. Most Magnet4Europe participants certainly know her from the virtual Learning Collaboratives where she regularly gives motivational and encouraging talks. Mary Del Guidice was part of the very first team to achieve Magnet designation and is the original author of the "Magnet Champion" program. Recently, Mary was named the first Chief Nursing Officer of Tipton Health. Learn more about Mary and her role in Magnet4Europe.

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Tipton Health Donates \$50,000 in Educational Support to Magnet4Europe



Tipton Health, one of the U.S. leaders in nursing excellence consulting, will provide Magnet4Europe members with \$50,000 in free workshops and consulting support to help participants improve outcomes and the nursing work environment using the Magnet framework. Learn more about.

[read more](#)

Northwell Health Nurse Choir Update



The Northwell Health Nurse Choir is special not only for its talent on stage, but also for its commitment to a pandemic that changed the world overnight. In August 2021 we already reported on the [Nurse Choir](#) of New York's largest healthcare provider. Here an update of what has happened since.

[read more](#)

Country Team Profiles:

The Irish Country Team at University College Cork



University College Cork (UCC) is an internationally competitive, globally focused, research-led university. It is Ireland's first five-star University with internationally recognised research in health, science, social sciences, and the humanities. The institution is ranked in the top 2% of universities worldwide based on the quality of its research outputs and peer esteem indicators.

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The Swedish Country Team at Karolinska Institutet



Karolinska Institutet (KI), founded in 1810, is Sweden's only university especially focusing on biomedical sciences. In addition, KI annually awards the Nobel Prize in Physiology or Medicine. KI ranks as one of the world's leading medical universities, thanks in part to the quality of its research activities, which today account for 40 per cent of all medical research in Sweden.

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Joint Webinar with sister EU-funded project



EMPOWER, together with sister EU-funded projects, have organized a Webinar entitled Fostering mental health at work: emerging

strategies from innovative projects in Europe, which will take place on November 10, from 9 am to 1:30 pm (CET). Register [now](#) for free and receive a copy of the weblink for connecting.

[read more](#)

What is Magnet4Europe?

The Magnet4Europe study aims to implement and evaluate the Magnet® model of organizational redesign of clinical health care work environments in over 60 hospitals in 6 European countries to promote the mental health and wellbeing of health professionals, enhance their productivity, and in doing so to improve outcomes of the patients under their care.

The project has received funding from the European Union's Horizon 2020 research and innovation programme under grant agreement No. 848031.

For more information visit our homepage: magnet4europe.eu



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