

Improving Mental Health and Wellbeing in the Healthcare Workplace



The Goal:

To improve mental health and wellbeing among health professionals

By redesigning clinical environments in more than sixty hospitals in six European countries (Belgium, Germany, Ireland, Norway, Sweden, and England).

What does participation involve and who is eligible?

Who is eligible?

You are invited to participate in the study if you

- (1) practice as a nurse or physician (incl. residents) in one of the participating hospitals
- (2) have direct patient contact
- (3) work on adult inpatient units including ICU and ER

What does the study involve?

You will be invited to an online survey that is carried out via the online platform *Meplis Care Monitor*.

If you have participated in the first survey, you will receive an automatic invite to Care Monitor via e-mail on May 03, 2022.

If you have not participated in the survey yet, you will receive a link to the survey from your hospital management. You are able to voluntarily participate in the study after providing your informed consent.

What are the benefits and risks?

There are no direct benefits or disadvantages associated with participation.

However, we hope that your participation in the study will help us to gain more insight on how you perceive hospital care and the demands that are placed on clinical staff.

Neither the research team nor the hospital will know whether you have participated in the study or not.

For questions, please reach out to the Magnet4Europe research team at KU Leuven (Magnet4Europe@kuleuven.be).

If you are further interested in the project and our work, please visit www.magnet4europe.eu.

